

Discover the birth control you've been looking for

Highly reliable.

Virtually hassle-free.

Totally hormone-free.

See for yourself why ParaGard® intrauterine contraceptive (IUC) is birth control that fits your life

- **All the birth control you need**—99.4% effective without having to remember to take a pill, change a patch, or put in a ring
- **None of the hormones**—unlike the pill, patch, or ring, which work by adding hormones to your body, ParaGard® lets you have your normal period
 - **A great choice** if you prefer not to use or cannot take hormones because of health reasons
 - **A great choice** if you don't want side effects like weight gain, mood swings, or reduced sex drive
- **Flexible**—use ParaGard® for as long as you and your healthcare professional choose—2 years, 5 years, even up to 10
- **Long-term but easily reversible**—as effective as having your tubes tied, but you can change your mind. Just have ParaGard® removed at any time by your healthcare professional
- **Hassle-free**—no more birth control regimens to fit into your schedule, just a simple monthly self-check
- **Safe**—ParaGard® has been used for over 20 years by millions of women
- **Easy on your budget**—if you plan to use birth control for at least 2 years, an IUC is the least expensive option available

ParaGard® is a simple T-shaped piece of soft, ultra-flexible plastic wrapped in copper, designed to fit comfortably in the uterus. ParaGard® can be inserted by your healthcare professional during a regular office visit.

ParaGard^{T 380A} ♀
intrauterine copper contraceptive



Is ParaGard® right for you?

- I prefer not to use or cannot take hormones for health reasons.
- I want highly effective birth control I don't have to think about every day or every week.
- I want birth control that's easily reversible.
- I want long-term—but not permanent—birth control.
- I want birth control that's safe to use while I'm breast-feeding.

If this sounds like you, talk with your healthcare professional about ParaGard®.

For more information, visit us at www.paragard.com or call 1•877•ParaGard (727•2427).

A quick Q&A

Q When does it start working?

A Right away, as soon as your healthcare professional inserts it.

Q Is it OK to have copper in my body?

A Yes. ParaGard® doesn't raise the level of copper naturally found in your body. In fact, the copper released daily by ParaGard® is less than the amount of copper found in the foods you eat on an average day.

Q Will I feel it? Will my partner feel it?

A No. It's designed to fit comfortably. Neither you nor your partner will feel it. Also, ParaGard® doesn't interfere with tampons.

Q Can I use ParaGard® if I'm breast-feeding?

A Yes. Unlike other methods, it's hormone-free. In fact, The American College of Obstetricians and Gynecologists recommends it as a birth control choice for nursing mothers.

Q How does ParaGard® compare in price with other birth control methods?

A If you plan to use birth control for at least 2 years, an IUC is the least expensive option available. That's because you only pay for it once, when you have it inserted.

Q Where can I get ParaGard®?

A From your healthcare professional. Or you may order ParaGard® yourself, as long as you know your healthcare professional's telephone or fax number. It will be delivered to your healthcare professional's office. To order your ParaGard® by phone, call 1•877•ParaGard (727•2427).

Q How do I pay for ParaGard®?

A Many health insurance companies cover ParaGard®. Call your provider to see if they cover ParaGard®. If so, ask how much they cover. If your provider doesn't cover ParaGard®, or you don't have insurance, the ParaGard® Patient Payment Plan lets you pay for ParaGard® with 12 monthly payments. Call 1•877•ParaGard (727•2427) for more details.

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Important Safety Information

ParaGard® does not protect against HIV/AIDS or other sexually transmitted diseases.

You must not use ParaGard® if you currently have acute Pelvic Inflammatory Disease (PID) or engage in current behavior suggesting a high risk for PID. ParaGard® is also not an option for women who might be pregnant, have a uterus that is abnormally shaped inside, have had a post-pregnancy or post-abortion uterine infection in the past 3 months, have cancer of the uterus or cervix, have unexplained bleeding of the vagina, have an infection in the cervix, have an allergy to any component of ParaGard®, have Wilson's disease or already have an intrauterine contraceptive in the uterus.

The most common side effects of ParaGard® are heavier and longer periods for a few months after placement; some women have spotting between periods. For most women, this typically subsides after a few months. However, if your menstrual flow is severe or prolonged, call your healthcare professional. You should also call your healthcare professional without delay if you miss a period as you might be pregnant.

Some possible serious complications that have been associated with intrauterine contraceptives, including ParaGard®, are PID, perforation of the uterus, expulsion (where the contraceptive falls completely or partially out of the uterus), and difficult removals (where the contraceptive becomes stuck in the uterus and occasionally requires surgery to remove it).

Please see Product Information at www.paragard.com.



Duramed Pharmaceuticals, Inc.
Subsidiary of Barr Pharmaceuticals, Inc.
Pomona, New York 10970